

Trauma, the Brain, and Resilience:

A Roadmap for Educators



**Session 1 of 3 in this series,
join 1, 2, or all 3 sessions!**



Regulation First: The Foundation of Learning

This session explores how trauma impacts the brain's stress response and why regulation is the starting point for all learning. Educators will learn strategies to help students (and themselves) move from survival mode toward calm, connected states. Practical tools for co-regulation and classroom rhythms will be shared.

**Tuesday, Oct.
21, 2025**

3:45-5:15 pm

Earn 1.5
PDHs or CEUs

Register:



[https://tinyurl.com/
bitesizereg2025](https://tinyurl.com/bitesizereg2025)

For registration assistance, contact
aheern@partnership4resilience.org
or dkelly@partnership4resilience.org

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