

Think First:

Empowering Students with Anger Management Skills

Register here

<https://www.west40.org/grants-trainings>

Nov. 18, 19, 20

9:00-1:00



Think First is an evidence-based group intervention designed for high school students (grades 9-12) to develop essential anger management and conflict resolution skills. Through 15 engaging sessions, students learn to manage triggers, recognize anger cues, and practice self-calming techniques.

This 12-hour clinician training provides comprehensive instruction on delivering the Think First program. Participants receive session-by-session guidance, skill demonstrations, coaching, and best practices for effective implementation, ensuring they are fully equipped to lead successful interventions.

Presented by Lurie's Center for Childhood Resilience in collaboration with TISS-Reachout grant offered by Illinois State Board of Education and West40 ISC.